Vol. 29, Issue 14 Columbus Air Force Base, Miss.

## **News Briefs**

#### Mold on housing units

The Pride Store now has cleaning agents available to remove mold off of base housing units. Starting April 15, this will be a ticketed item by the housing office along with regular yard inspections. This applies to all single-story units and only the first story of two-story units. Housing residents are encouraged to take advantage of the equipment as soon as possible.

As a reminder, yard inspections are conducted on random Wednesdays of each month by squadron and group commanders. Yards should be in inspection order every Wednesday at 7:30 a.m. For more information on housing maintenance, call the Pride Store at Ext. 7372 or the housing office at Ext. 7276.

#### DTS travel arrangements

Due to an upgrade to the Defense Travel System, all DTS travel arrangements for April 12 through April 18 must be processed and ticketed by Monday to avoid complications. For more information, call Ext. 2573.

#### **EQUAL** list

The Enlisted Quarterly Assignment Listing for people returning from overseas and CONUS mandatory movers from August through October will be available Tuesday. Assignment preferences must be updated by April 29. EQUAL advertises upcoming assignment requirements by Air Force specialty code and rank. To view the list, log into the Assignment Management System at https://afas.afpc.randolph.af.mil/amsweb/

## Inside

Squadron

37th (06-01)

41st (06-02)



FEATURE 10

SUPT Class 05-07 graduates at 10 a.m. today at the base

## Wanted: ORI Game Faces



Airman 1st Class Joel Johnson, 14th Operations Support Squadron, and Staff Sgt. Jay Moreau, 14th Civil Engineer Squadron, were among 48 BLAZE TEAM members who processed through an exercise deployment line Tuesday in preparation for the Operational Readiness Inspection. There are only 37 days left until the ORI begins.

# When drinking, don't drive — Dial-A-Ride

14th Flying Training Wing

The Columbus AFB First Sergeants Council and a local Columbus city taxi service have teamed up to advocate responsible drinking among military members by recently introducing the of the council fund and solicit reim-BLAZE Dial-A-Ride program.

The Columbus City Wide Taxi Cab service has agreed to take active-duty Columbus AFB members in need of a designated driver back to their homes

Airman 1st Class Cecilia Rodriguez TEAM members will simply hand their military ID cards over to the cab drivers, who will record the needed

> The company will submit a cumulative bill to the first sergeants council, whose members will pay for rides out bursement from servicemembers at a

"There is no retribution for using the Dial-A-Ride program," said Senior Master Sgt. Marty Anderson, 14th with no up-front cost. Instead, BLAZE Medical Group first sergeant. "Our a card, contact a first sergeant.

concern is to make sure you're safe.

"All individuals who decide to consume alcohol should make sure they have a plan and a designated driver. But in case something unexpected happens, the Dial-A-Ride program is an alternative to getting behind the wheel while intoxicated and endangering the lives of themselves and others," he said.

Wallet-sized cards with the Dial-A-Ride program information have been printed and distributed throughout the base. For more information or to obtain

# COLUMBUS AFB TRAINING TIMELINE

PHASE II PHASE III WING SORTIE BOARD Senior Sauadron Senior Squadron Aircraft Required Flown Annual Track Select T-37 417 14.762 Overall Squadron Class Overall Graduation T-38C 258 211 7,663 3.56 days 0.47 days April 22 48th (05-07) 0 days 2.45 days Today 6.822 50th (05-07) 0.95 days -1.80 days Graduation speaker: Lt. Gen. Walter Buchanan III, 9th Air Force and U.S. Central Command Air Forces commander

News 2 SILVER WINGS April 8, 2005

# Past, present, future

## 41st FTS hosts final reunion for WWII-era Buzzsaws

Report recommends family-friendly initiatives

Developing sabbatical programs

and allowing military families the option

of remaining at assigned installations

— Evaluating how military training

affects single parents and encouraging

military leaders to support family-readi-

— Implementing a new definition of

sexual assault into the Uniform Code of

Military Justice for consistent reference

in training and information collection,

and by military law enforcement agen-

— Ensuring that the official definition

of what constitutes sexual assault within

the military establishes a clear legal stan-

dard that is distinct from other sex-relat-

during critical family events.

ness programs

ed offenses.

Capt. Eddie Kim

41st Flying Training Squadron

The 41st Flying Training Squadron began hosting the final reunion of the World War II-era 41st Fighter Squadron Thursday in Columbus.

"It is a privilege to host such patriotic and brave individuals. This is history," said Lt. Col. Jeff Kindley, 41st FTS commander. "The 41 FS squadron has been getting together for reunions for more than twenty years. Now at Columbus AFB, we finally have the past, present, and future of the 41st all gathered to pay final tribute to the men and women who served this great

Buzzsaw veterans received a taste of southern hospitality during a Pilgrimage tour Thursday. The members toured circa 1800s antebellum homes accompanied by hostesses in period

The veterans will also observe the flying operations of the 21st century at Columbus AFB. They will tour the newest, most modern radar facility in the Air Force, attend Specialized Undergraduate Pilot Training Class 05-07's graduation and experience T-37 simulators today.

**Gerry Gilmore** 

American Forces Press Service

women's advisory panel recommends that

the armed forces discontinue the practice

of simultaneously deploying both mili-

That is among several proposed

changes the Defense Advisory Committee

on Women in the Armed Services cited in

"Our recommendations are intended to

improve the military lives of servicemem-

bers and their families and to ensure that

they believe their sacrifice is worthwhile

and appreciated," committee officials said.

Recommendations in the report

WASHINGTON — A

tary parents of minor children.

its 2004 report.

The reunion event concludes Saturday evening with a banquet at the Holiday Inn. Closing with toasts and war stories, they will write the last chapter and close the book of a distinguished group of veterans.

The 41st FS "Buzzsaws" began their legacy over 65 years ago on December 22, 1939. Then known as the "Flying Buzzsaws," they saw combat during World War II in the Pacific campaigns from 1941 to 1945.

The 41st was awarded three Presidential Unit Citations for extraordinary heroism in action against the enemy in Papua, New Guinea, Tsili-Tsili, and the Borneo area.

The unit "displayed extraordinary gallantry, determination, and esprit de corps in accomplishing its mission under extremely difficult and hazardous conditions," according to the

These conditions set them apart from other units participating in the same campaign. The degree of heroism is the same required to warrant award of a Distinguished Service Cross to

The unit was deactivated on March 8, 1960. In 1999, the 41st FS was reactivated as the 41st Flying Training Squadron to support the dual-track pilot training concept and began flying

The committee also recommended that

the military assess the effectiveness of

Web-based family support programs

tary bases, conducting 70 focus groups

consisting of servicemembers and spous-

The 13-person committee, chaired by

retired Marine Corps Lt. Gen. Carol

Mutter, advises senior DOD leaders on

issues and policies related to the recruit-

ment and retention, treatment, employ-

ment, integration and well-being of

The 14th Flying Training Wing

congratulates Airman Toms for his

distinction as Airman of the Month

while at a deployed location in

Southwest Asia. Airman Toms is an

Iraqi Freedom.

women in the armed forces.

such as Military One Source.

cerns could affect recruitment.

## SILVER WINGS

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Airman 1st Class Cecilia Rodriguez Editor

#### **Submission Deadline**

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

The committee did not specifically Published by the Commercial Dispatch address recruitment issues but said reten-Publishing Company, Inc., a private firm in no way tion, deployment and sexual assault conconnected with the U.S. Air Force, under exclusive written contract with the 14th Flying Training Committee members visited 14 mili-

This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S.

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The SILVER WINGS staff reserves the right to edit or rewrite all copy submitted when necessary. All photos are U.S. Air Force photos unless otherwise

Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

## 14TH FLYING TRAINING WING DEPLOYED

As of press time, 21 BLAZE TEAM members are deployed worldwide.

Remember to support the troops and their families while they





air traffic controller and currently Senior Airman Douglas Toms deployed in support of Operation 14th Operations Support Sauadron



The Air Combat Command West Coast A-10 Demonstration Team will exhibit the A-10 Thunderbolt II's combat capabilities at noon Saturday. The A-10 Thunderbolt II is the first Air Force aircraft specially designed for close air support of

# Air Force Aircraft 101

# Career Day boasts in his "Gunfighter" P-51 Mustang for a Heritage Flight fly-by. variety of activities

AFB's Spring 2005 Career Day aerial demonstrations from 10 a.m. not only includes static displays to 5 p.m. on the flightline transient from aircraft throughout the Air ramp, located directly in front of Force, but a variety of entertain- the base operations building. ing and educational opportunities for the entire base community.

Hangar 4. Free barbeque and bev- 70 Air Force aircrew members. erages will be available until

Saturday at the base theater for employment. IPs and students only.

Unlike past events, Columbus invited to view static aircraft and

Participants will have the opportunity to examine more than The action kicks off with a crud a dozen different Air Force airtournament at 6:30 p.m. today at craft and interact with more than

At noon, the Air Combat 11:59 p.m., and the event is open Command West Coast A-10 to all military BLAZE TEAM Demonstration Team will exhibit the A-10 Thunderbolt II's com-In order to assist student pilots bat capabilities while employing a and first assignment instructors combination of high and low with Air Force career decisions, speed maneuvers, rapid rolls, visiting pilots will present maximum performance climbs, weapons system briefings at 9 a.m. descents and simulated weapons be at 3 p.m.

However, all BLAZE TEAM Force Brig. Gen. Regis Urschler members and their families are will join the A-10 Thunderbolt II Operations Group)

The eight-minute routine is part of the U.S. Air Force's Heritage flight program and involves today's state-of-the-art fighters flying in close formation with vintage fighters from World War II and the Korean War.

Following the Heritage fly-by, Doug Jackson and his Japanese Zero will join the sound of the P-51 Mustang's Merlin engine to recreate a classic World War II

Though the aerobatic portion of Career Day concludes at 1 p.m., participants will have one more opportunity to see air power in

A high-speed fly-by from the B-1B Lancer, the loudest aircraft in the Air Force inventory, will

For more information about At 12:20 p.m., retired Air Career Day events, call Ext. 7068. (Courtesy of the 14th

# New e-mail scam targets government card holders

In the wake of the lost data tapes at financial officer. Bank of America, there is now an Internet scam using the bank company's and Bank of America notified DOD offi-

SILVER WINGS April 8, 2005

America e-mails requesting verification has been monitoring the affected

Bank of America does not request its of fraud or misuse of the accounts. customers reveal account or personal information over the internet. The company is aware of this scam and is work- uted to this loss of information. ing to combat it.

Department employees may have been affected by Bank of America's lost data and the possible compromise of government travel card information.

"Information regarding travel card program accounts for individual cardholders has been lost, and it is possible that that information has been compromised, though we don't believe that that tion. is the case," said Teresa McKay, the

cials that "SmartPay" travel cards are Do not respond to alleged Bank of affected. Officials said Bank of America accounts, and there has been no evidence

As of this date, no known fraudulent

On Feb. 25, about 900,000 Defense several letters to those who may have investigation.

the investigation with help from the Defense Criminal Investigative Service. been no evidence of criminal activity, release of details on the circumstances of the loss could jeopardize the investiga-

Defense Department's deputy chief accidental event," Ms. McKay said. "The new card to them."

The General Services Administration involved from the onset, and to date she said. there has been no indication of fraudulent activity."

The information is personal cardholder information — names, Social Security numbers, addresses and account numbers — on magnetic tape.

Though the loss occurred in late said. activity on these cards has been attrib- December, GSA officials notified DOD Bank of America officials have sent out necessary to protect the integrity of the

"The bank is in the process of notify-Secret Service agents are conducting ing cardholders of the situation," she said. "They will be given a special customer service number that has been set Officials said that although there has up by the bank specifically for this pur-

"If (cardholders) have any questions, they can contact the bank," she added. "If they would like, they may request that "Indications right now are that it is an the bank cancel the card and reissue a

Ms. McKay said that consumers should always keep an eye on any credit accounts they have.

"It's always prudent for any cardholder to monitor their monthly statements (and) dispute any charges they may question, and also it's important for all of us to get a credit report at least once a year bank has been monitoring the accounts and look at the content of that report,"

> Bank of America has set up a hotline for those affected. The number is (800) 493-8444. Cardholders who notice irregularities in their accounts should call Bank of America at the number printed on the back of their cards, Ms. McKay

"If you are an affected cardholder, you on Jan. 19. Ms. McKay said the delay was may contact Bank of America for information on obtaining a free credit report,"

> Bank of America has also created a link on its Web page that provides additional information and copies of the letters sent to their customers at www. gcsuthd.bankofamerica.com/articles /030505.asp

To speak with a legal assistance attorney regarding this matter, call the base legal office at Ext. 7030 for an appointment. (Courtesy of the 14th Flying Training Wing Legal Office)

# Mini-heroes get VIP treatment as Pilots For A Day

1st Lt. Jennifer Moore 14th Flying Training Wing

As the Air Force A-10 demonstration team practices its daring maneuvers over the flightline today, three pint-sized pilots exhibit a different brand of bravery from the bleachers below.

Seven-year-olds Benjamin Gerhart and Caleb Lewis, and 8-year-old Allie Walker, who suffer from various debilitating illnesses, will watch the show outfitted in patches and mini flight suits as part of Columbus AFB's Pilot for a Day pro-

The program invites children and their families to trade a day of doctor's appointments and medical procedures for an afternoon of red carpet treatment in the company of "buddy" instructor

First Lt. Christine Love, 48th Flying Training Squadron, 2nd Lt. Jeremy Putman, 37th FTS, and Capt. Stephen James, 50th FTS, will host today's event



Capt. TJ Eaton and 1st Lt. Christine Love retrieve mini-flight suits for Columbus AFB's Pilot For A Day guests from DynCorp fabric worker Jewelene Mathews.

with a little twist to previous program to Career Day and the 41st Flying like the fire department tour and T-37 Training Squadron reunion," said Capt. simulators, the children will watch an Air "This particular Pilot for a Day itiner- TJ Eaton, Pilot For A Day program coor- Force retreat ceremony, sit front row dur- they're the true everyday heroes."

ary includes a few bonus features thanks dinator. "In addition to standard favorites

ing the practice air show and meet some of the visiting demonstration pilots." Posing for "hero shots" in front of per-

sonalized aircraft is another highlight in the day's events. However, the biggest addition to the Pilot For A Day program is the group's

mode of transportation. "We've got a great surprise this time," Captain Eaton said. "Thanks to our friends in the local community, three limousines will chauffer our special guests

around in style." Today's Pilot for a Day event marks the approximate two-year anniversary of the program's revitalization at Columbus AFB. More than 15 seriously ill children across the state have joined the ranks of honorary Air Force pilots since the program's inception.

"Pilot for a Day is successful because of

tremendous support from wing leadership, individual base agencies and the local community," Captain Eaton said. "Everyone who gets involved with the program realizes instantly why it's so important to show these children that

According to the Internal Revenue Service one in five of the nation's taxpayers wait until the final week to file their taxes by the April 15 deadline. There is no need to be "in line at the post office" on April 15." Your return can be filed free of charge at the base tax center, located at 7211A Atlanta Drive in Capitol

Remember-- if you can't meet the April 15 deadline to file your tax return, you can apply for a four-month extension from the IRS. The extension will give you extra time to submit paperwork, but it does not extend the time you have to pay any taxes due. You will owe interest on any amounts not paid by the April deadline, plus a late payment penalty if you have paid less than 90 percent of the total tax by that date.

The tax center can electronically file extensions for eligible taxpayers. For more information, call Ext. 7613.

# Taxes due April 15 SRB list drops to 32 specialties

WASHINGTON — Air Force officials made significant changes to the selective re-enlistment bonus program changes to the Selective Reenlistment Bonus Program: as a result of continuing force-shaping efforts.

Based on the findings of a review in October, officials have published the latest list, which contains 32 Air Force specialties, down from 62

The new list is effective March 24. However, decreased and deleted bonuses will take effect April 23.

"We updated the SRB list to match our current forceshaping objectives and fiscal limits," said Senior Master Sgt. Patrick Lavender, Air Force superintendent of accessions and retention bonus programs. "The SRB program is one of many tools the Air Force uses to balance the enlisted force. Recalibration of the program allows us to use the SRB as a surgically precise retention tool."

All enlisted career fields were reviewed, including those with special duty and reporting identifiers.

The criteria used for determining which enlisted fields remained on the list included current and projected manning levels, re-enlistment trends, career field force structure changes, and career field stress levels, officials said.

Bonuses are authorized by half-point increments (or multiples) in three re-enlistment zones for Airmen with 17 months to 14 years of service.

People can view the new list by visiting www.afpc.randolph.af.mil/enlskills/Reenlistments/reenlistments.htm.

Headquarters Air Force announced the following

Air Force Specialty Code 1W0X1A/ZONE B/2.0 was added effective March 24.

AFSC 1A0X1/ZONE A/1.0/ZONE B/0.5 will be reduced effective April 23.

\* 1A4X1/ZONE A 4.5/

The following AFSCs will be removed effective April 23:

\* 2A7X4/ALL

ZONE B 4.0 \* 2E1X1/ALL \* 1C5X1/ZONE A 2.0/ \* 2E1X2/ALL ZONE B 2.0 \* 2E1X3/ALL \* 1N6X1/ALL \* 2E6X3/ALL \* 2A0X1X/ALL \* 2F0X1/ALL \* 2A3X1X/ALL \* 2T2X1/ALL \* 2A3X2/ALL \* 2T3X2X/ALL \* 2A3X3X/ALL \* 3E7X1/ALL \* 2A6X1X/ALL \* 3E9X1/ALL \* 3NoX2/ALL \* 2A6X3/ALL \* 3P0X1/ALL \* 2A6X4/ALL \* 2A7X1/ALL \* 5J0X1/ALL \* 2A7X2/ALL \* 6CoX1/ALL \* 9S1X0/ALL \* 2A7X3/ALL

For questions or more information, call the military personnel flight at Ext. 2566. (Courtesy of the 14th Mission Support Squadron)

# Columbus AFB Career Day Saturday April 9, 2005

11:30 a.m.

to 5 p.m.



# **Event Schedule**

(Columbus AFB personnel only)

**9 to 11a.m.** Briefings at the base theater

(instructor pilots and students only)

Static Displays and Flying Demos

Aerial Demo, West Coast A-10 Team

P-51 and A-10 Heritage Fly-by

P-51 and Zero Combat Demo

P-51 Demo

B-1B Fly-by

# **Featured Aircraft**

C-17 Globemaster

KC-135 Stratotanker

B-18 Lancer

C-130 Hercules

F-16 Fighting Falcon

F-15E Strike Eagle

A-10 Warthog

Zero

A-10 Warthog P-51 Mustang



This event is open to all military and civilian Columbus AFB personnel and their families

## Straight Talk Line

## Visitor's Center parking policy

oncern: I visited the base Sunday to play golf with a civilian friend. He followed me in his car, which does not have a Department of Defense decal. When we pulled up to the front gate, I asked the security personnel where my friend should park, expecting them to let him park in the new, vacant visitor's center parking lot. Instead, they informed me that he could not park at the visitor's center and had to park his car outside the South Gate.

We were only going to play golf on base for a couple of hours. The lot at the visitor's center was completely empty. I think the policy concerning the use of the new visitor's center parking lot needs to be reviewed. Thank you for your attention to this matter.

esponse: The no-parking policy at the visitor control center is consistent with post-9/11 DOD-approved force protection measures, and is enforced to protect Columbus AFB and its patrons. Parking at base entry points is transitory, consisting of short-term 20-minute parking for passes or vehicle searches. Unregistered vehicles left unattended at the center can pose a significant threat to our base's populace and visitors.

All visitors are afforded the opportunity to register their vehicle with the 14th Security Forces Squadron with minimal delay, as long as they possess a valid driver's license, vehicle registration, proof of insurance and have an approved base sponsor. If they decide not to register their vehicle, the vehicle should be parked at an alternate location away from the confines of the installation.

Col. Stephen Wilson 14th Flying Training Wing commander

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential.

Written questions may be dropped off at the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at https://columbusweb and the main Web site at www.columbus.af. mil. Questions and answers will be edited for brevity.

# Make time for professional reading www.af.mil/lib/csaf some very current books on the

#### Lt. Col. Timothy Wood

14th Civil Engineer Squadron

Have you read any good books lately? This question may sound cliché, but the books you read reflect what's important to you. Not only that, but the information and ideas that you fill your head with tend to come out in your

actions and speech.

I've been part of a job interview panel where one of the questions we asked was, "What is the last book you've read?" The answer to this question showed us what applicants were filling their heads with and what we would see reflected on the

I haven't always been a reading advocate. Years ago, if I read any book, it would typically be a paper-back western. Then I came to a point where I decided to make my limited free time more productive. I reduced time wasted on television, video games, and cheap fiction and instead dedicated my time to reading good non-fiction or classic fiction.

Now one of my personal values is to be a continuous learner. I dedicate my time to professional reading, and our last three Air Force chiefs of staff have encouraged you to do the same.

Gen. Ronald Fogleman began the professional reading list in 1996. The list has been updated continually to the present list approved by Gen. John Jumper in April 2004. Most of the books are available on a separate bookshelf in the base library. The library also provides brochures that give reviews of each book. A description of the books can also be found at

book/ or
www.af.mil/csafread
ing/. The book list is
divided into four categories: U.S. Air Force
History, Leadership
and Success,
Contemporary
Conflicts and Lessons
for the Future.

The history selec-

history books. If you have not read much military history, I recommend starting with general military history first. Any of Stephen Ambrose's books on World War II or Bruce Catton's books on the Civil War are a good place to start. Eric Larrabee also has an excellent book on the leaders in WWII entitled "Commander in Chief," which I found on the Chief of Naval Operations reading list. Once you've gotten a handle on general military history, then pick up one off the CSAF list like "Beyond the Wild Blue" or "Winged Victory."

tions are four very Air Force-centric

Leadership and Success is the next category for any successful Airmen to tackle. Again, I recommend some general leadership reading before diving into General Jumper's recommendations. An easy read to start with is "Lincoln on Leadership" by Donald Phillips or pick up a biography of one of our military leaders like Colin Powell. These read almost like fiction and will keep your interest. Next, try "7 Habits of Highly Effective People" by Stephen Covey or his book "The One Minute Manager." Once you've digested these, then you're ready to move on to the reading list books like retired Gen. Bill Creech's "Five Pillars of

Contemporary Conflicts include

world we live in since the events leading up to and culminating in 9/11. Samuel Huntington's "Clash of Civilizations and the Remaking of World Order" presents a new paradigm on how to view the world since the fall of communism. He proposes and defends a position that the world is shaping back into its cultural groupings that date back to before the 20th century. "The Age of Sacred Terror" and "The Crisis of Islam" educate the reader on the Islamic religion, its history and how it relates to the terrorists we fight today. In a

The final category is Lessons for the Future and only contains two books. The first book, "Supreme Command" by Eliot Cohen, examines four civilian leaders in history (Abraham Lincoln, Georges Clemenceau, Winston Churchill and David Ben-Gurion) and then adds an afterward to discuss Operation Iraqi Freedom or "Rumsfeld's War." Cohen challenges the long-held belief that military leaders should be able to act independently of their civilian masters. He makes a strong case that if war is an extension of national policy, then the politicians must have a say in how that war is waged. The second book, "Prodigal Soldiers," which I have not yet read, examines how defeat in Vietnam led to victory in the Gulf War. The principal character in the book is retired Gen. Chuck Horner. I hope this quick professional read-

nation as new as ours, it's eye open-

ing to realize that much of Islam's

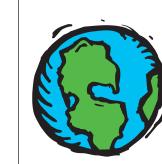
West goes as far back as the crusades.

deep-seated animosity toward the

ing review will encourage you to get off the couch and start spending more of your free time filling your head with things that can make you a better leader, citizen and Airman.

100 adults (ages 12 and older)

to sign up at the fitness center



Columbus AFB
Earth Day 10.7-mile Run
& Family Volksmarch
April 23

All BLAZE TEAM members and their families are invited to participate in this Earth Day event.

Volksmarchers will begin at 8
a.m. and runners will begin at 9
a.m. in front of the fitness and sports center.

t-shirts.

Wate

Children younger than 12 who sign up at the fitness center will receive a medal. The first

by April 15 will receive free t-shirts.

Water stations will be available at every two miles along

Water stations will be available at every two miles along the Perimeter Road course. Families are also invited to bring their dogs. For more information, call Ext. 7724.

SILVER WINGS FEATURE SILVER WINGS April 8, 2005 April 8, 2005



Capt. Klis Zannis Miami, Fla. (AFRC) KC-10, Travis AFB, Calif.

2nd Lt. Cullen Gallagher

C-17, McChord AFB, Wash.

Sandusky, Ohio



2nd Lt. Juan C. Amaya Garden Grove, Calif. KC-135, Fairchild AFB, Wash.



2nd Lt. James Anderson Wichita, Kan. C-130, Dyess AFB, Texas



2nd Lt. Michael Herold Mason City, III. E-8, Robins AFB, Ga.



2nd Lt. Stephen Joca Jr. 2nd Lt. Jake Johnson Middleburg, Fla. Tupelo, Miss. A-10, Davis-Monthan AFB, Ariz. T-1, Columbus AFB, Miss.



2nd Lt. Johann Hintz Bridgeton, N.J. (ANG) KC-135E, McGuire AFB, N.J.



2nd Lt. Justin Jones Roswell, Ga. KC-10, McGuire AFB, N.J.

# SUPT Class 05-07 earns silver wings

YOU ARE BREAKING OUT MAN

to be an Air Force pilot.

today during a ceremony at the theater.

The graduation speaker is Lt. Gen. Walter Buchanan III, 9th Air Force and U.S. Central Command Air Forces commander, Shaw AFB, S.C. General Buchanan's command comprises four wings in the eastern United States and four direct reporting units, with more than 350 aircraft and 24,000 active-duty and civilian personnel.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

Second Lts. Justin Jones, T-1, and John Easton, T-38, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their classes.

The Air Force Association Award was presented to 2nd Lts. Nathan Kay, T-1, and Joseph Howard, T-38. The award is presented to a graduate in each flight who excelled in training and typified the tenets

of the association — promoting aerospace power and a strong national defense.

Second Lt. Jacob Johnson, T-1, and Lieutenants Jones and Easton were named distinguished graduates.

The 52-week pilot training program begins with a six-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, subsonic class's pilot partners are WCBI and Accessible Aviation.)

Twenty-five officers have prevailed during a year of training, earning the right T-37 Tweet. Some complete this phase in the single-engine, turboprop T-6A Texan 2 at Moody AFB, Ga. Students learn aircraft flight characteristics, emer-Specialized Undergraduate Pilot Training Class 05-07 graduates at 10 a.m. gency procedures, takeoff and landing procedures, aerobatics and formation flying.

> Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours.

After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track.

Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

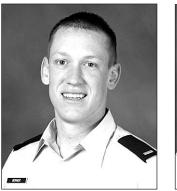
Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation. Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours.

The airlift-tanker track uses the T-1A Jayhawk, the military version of a multiplace business iet.

Instruction centers on crew coordina-

tion and management, instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours.

The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots. (Editor's note: The



2nd Lt. Ryan Bernier Shalimar, Fla. F-15C, TBD, TBD



2nd Lt. J. Domenic Easton Helena, Mont. F-15E, Seymour Johnson AFB, N.C.



2nd Lt. Daniel Elder Blytheville, Ark. C-17, McChord AFB, Wash.



2nd Lt. Jeremy Holt Favetteville, N.C. B-52, Barksdale AFB, La.



2nd Lt. Joe Bob Howard Brandon, Miss. T-37, Columbus AFB, Miss.



2nd Lt. Kari James Naperville, III. C-17, Charleston AFB, S.C.



2nd Lt. Nathan Kay Spokane, Wash. (ANG) KC-135R, Fairchild AFB, Wash.



2nd Lt. William MacFarland Jr. Pottstown, Penn. KC-135, Grand Forks, N.D.



2nd Lt. Sean Orme La Verne, Calif. KC-135, McConnell AFB, Kan.



2nd Lt. T.J. Rendulich Duluth, Minn. (ANG) F-16, Duluth, Minn.



2nd Lt. William Rosenbaum Pittsburgh, Penn. C-17, McChord AFB, Wash.



2nd Lt. David Schuster Pittsburgh, Penn KC-135, Fairchild AFB, Wash.



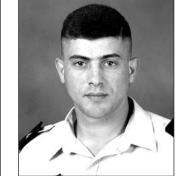
2nd Lt. Brian Thomasson Yorktown, Va. C-17, Charleston AFB, S.C.



2nd Lt. John V. Welsh Austin, Texas



Flt. Lt. Chimda Hedima Yola, Nigeria Alpha Jet, Air Weapons School, Nigeria F-5, Sidi Ahmed AFB, Tunisia



Flt. Lt. Achref Zhioua Nabeul, Tunisia

# CAFB celebrates children throughout April



Peggy Guenther leads the way as Adian Diaz, 3, rides a horse at the Columbus Club's March family fun night. The next family fun night at the club is from 5 to 8 p.m. Thursday and will feature a clown, jumping castle, monster mural painting and a kiddle carnival. For more information, call Ext. 2490.

14th Services Division

When most people think of April, they think of April 15 and tax time. Others might even think of April showers, April in Paris, spring break, the start of daylight-saving time or child abuse prevencourse thinking about the operational readiness inspection.

These examples just begin to touch on children. the ideas associated with April. For those involved in military child care, April is the much celebrated and much talked about Month of the Military Child.

Even though our children are valued and treasured all year long, April is the special month when they are the centers of attention and the stars of the show.

The child development center will offer 20 special activities in which children and families can participate to make this month unforgettable.

A few of the activities include a songfest at the 14th Flying Training Wing Headquarters Building, a family movie on a jumbo screen, special talent day, pinwheel day and family field day. Snacks and meals, including an ice cream social, will also be available during the

The majority of the activities will focus on the children enrolled in the child development center program; however, there are activities everyone in the base community is invited to participate in, such as the family fun night at the Columbus Club

By celebrating and emphasizing the tion month. At Columbus AFB, we are of Month of the Military Child, adults from every walk of life are afforded the opportunity to focus on the importance of our

> Childhood is a unique and valuable stage of life that we may often forget. It is a time of enormous opportunities to grow, learn and build the future. As an advocate for children, it is our responsibility to help make the most of children's

> During April, reflect on the importance of the children and try to imagine what it would be like if we did not value them. Imagine a day or week when you did not hear a child's laughter or see a child's bright, inquiring eyes looking up to you for answers and encouragement to explore. Remember — children's opportunities are our responsibility. Celebrate

> For more information about the child development center and its programs, call

# Join services division for food, fun, recreation

**fets:** The Columbus Club offers a different Ext. 7836. buffet Tuesday through Thursday. Cost is now \$5.95 for club members and \$7.95 for nonmembers. Tuesday features Mexican cuisine, Wednesday is country-style cooking, Thursday has an Italian flare and 7 to 9 p.m. Thursday or from 1 to 3 p.m. Fridays offer a tri-continental selection of German, Asian and New England seafood. This week's introductory rate of \$4.95 per person is offered to all officers. All retired military receive this special introductory rate April 19 to April 22. Call Ext. 2490.

Friends of Freedom Park: The annual refurbishing of Freedom Park will be center April 13 and April 14 starting at 8 a.m. both days. Volunteers are needed to help add mulch, paint and seal the structure and clean up the area. Food and beverages will be provided. Volunteers can sign up at pants must register by April 18. Cost is outdoor recreation or call Ext. 7861.

**Home decor classes:** People can make a call 243-1428 or 574-7689. bamboo inlaid coffee table for \$25 Thursday and a bamboo inlaid end table for \$20 April 28. Cost includes all supplies.

Stampin' Up camp: People can create five stamping projects with all supplies April 23. Cost is \$15 per person with a \$5 discount for new students. To register, call

Give parents a break: The youth and child development centers offer this program from 9 a.m. to 3 p.m. April 16. Deadline to register is April 13 at each

mothers and their children is at 10:30 a.m. April 30 at the community center. Partici-\$12 for one mother and child pair and \$5 for each additional guest. For reservations,

Scrapbooking workshop: Enjoy a com-

National Scrapbook Day April 23. The event is open to all levels of scrapbookers. Cost is \$20 for the entire day, \$10 for four hours and the lunch fee is \$5. Registration included at this camp from 9 to 11 a.m. or is required by April 19. Call Lynn Bridges information, ticket and travel office offers a

> Youth center trips: A variety of trips are available for youth during April. Ages 6 to 12 can visit the Children's Museum in Memphis, Tenn., April 9. Cost is \$10 for lodging (double occupancy). Tickets to the members and \$15 for nonmembers.

Youth can make crafts at Lowe's from 9 a.m. to 12:30 p.m. April 16. Cost is \$10 for members and \$15 for nonmembers.

Teens can shop or go to a movie in Children's Tea Party: A tea party for Meridian, Miss., from 10 a.m. to 6 p.m. April 23. Cost is \$5 for members and \$8

> All participants must register at the Ext. 2405. youth center. Call Ext. 2504.

Rent the marquee: The community center is renting one side of its marquee for \$5 per day. People can wish spouses a plete day of scrapbooking from 9 a.m. to happy anniversary, congratulate a gradu- Call Ext. 2934.

Reduced prices for all-new lunch buf- Class times are 10:30 a.m. or 6:30 p.m. Call 4 p.m. at the community center on ating student or publicize upcoming fundraisers. For more information, call the vouth center at Ext. 2504.

> Beale Street Music Festival: The trip to this festival April 30 to May 1 in Memphis, Tenn. The festival features rock, gospel, rhythm and blues and alternative bands. Cost is \$135 per person and includes transportation, and two nights music festival are sold separately. A \$50 deposit is required. Call Ext. 7861.

> Earn extra money selling ice cream: The 14th Services Division is looking for someone interested in selling ice cream and popsicles throughout the base housing areas during the summer months. Call

> **Preschool storytime:** The base library offers this 30-minute program at 10 a.m. Wednesdays for ages 3 to 5. Volunteers are needed to read stories to the children.

## Family Support Center

(Editor's note: All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call

#### Spouse welcome

A welcome reception for spouses new to Columbus AFB is from 10 to 11 a.m. Wednesdays at the Magnolia Inn Lobby. Spouses will receive gifts and information about the family support center.

#### Smooth move

Relocating families can learn valuable information about moving during this workshop from 10 a.m. to noon Tuesday. Registration is required by Monday.

#### Time management

A workshop on effective time management is from 9 a.m. to noon Wednesday. Participants will learn how to set realistic goals and prioritize, and receive communication tips on how to reduce confusion and become better organized. Registration is required by Monday.

#### Hearts Apart Social

A social gathering for families of personnel deployed or remote for more than 30 days is from 5 to 8 p.m. Thursday at the Columbus Club in conjunction with family fun night.

#### **Base Notes**

#### Student spouse group

New and casual status student spouses are invited to join the Columbus Officers' Spouses' Club Student Spouse Group social event at 1 p.m. April 20 at Whispering Pines Golf Course. The group provides spouses with the opportunity to build friendships and resources. To sign up or for more information, contact Veronica Lestina at (319) 931-0980 or veronickins@hotmail.com.

#### Private organizations

A meeting for all private organizations and pooster clubs that meet on Columbus AFB is at 2 p.m. April 12 in the 14th Civil Engineer Squadron conference room. For more information, call Nelda Curry at Ext. 2319.

#### Case lot sale

The commissary and base exchange will sponsor a case lot sale from 10 a.m. to 5 p.m. May 6 and from 9 a.m. to 5 p.m. May 7. For more information,

#### **Chapel Schedule**

#### Catholic

Sunday: 9:15 a.m. — Mass 10:45 a.m. — CCD at Bldg. 1052\* 5 p.m. — Confessions 5:30 p.m. — SUPT Mass

#### Protestant

9 a.m. — Sunday school at Bldg. 1052\* 10:30 a.m. — Contemporary worship

service at the community center 10:45 — Traditional worship

Tuesday:

11:30 a.m. — Lunch and Bible study Wednesday:

6 p.m. — Bible study, Pioneer Clubs, teen ministries at Bldg. 1052

For information about other services, call the base chapel at Ext. 2500.

\*The chapel annex is currently being renovated. All religious education activities are temporarily located in Building 1052.

#### Jewish Passover

The Jewish Passover begins at sundown April 23 and concludes May 1. For more information, call the chapel at Ext. 2500.

## Flying first



First Lt. Yusif Ibrahimov, introductory flight training student, raises his country's flag in front of the 14th Flying Training Wing Headquarters Building Tuesday. Lieutenant Ibrahimov is the first pilot from Azerbaijan to receive training at Columbus AFB.

### Today

"The Pacifier" (PG, action violence, language and rude humor, 91 min.) Starring: Vin Diesel and Brad Garrett.

## Saturday

"Man of the House" (PG-13, violence, sexual content, crude humor and a drug reference, 97 min.) Starring: Tommy Lee Jones and Cedric the Entertainer.

All movies are shown at 7 p.m. at the base theater. unless otherwise noted. For more information, visit www.cafb grapevine.com.

AROUND TOWN

SILVER WINGS 17

Spring Pilgrimage: The Columbus, Miss., Spring Mississippi's residential school for gifted high school Pilgrimage 2005 runs now through April 10. This students. The event is held in conjunction with the award-winning tradition features daily antebellum home tours with guides in period costume and historic

Groups with 20 or more people must make reservations with the Columbus Historic Foundation. For a free brochure or for more information, call (800) 920-3533 or e-mail chf@historic-columbus.org.

Tales from the Crypt: Costumed guides will lead narrated tours of Columbus' historic Friendship Cemetery now through April 10.

The cemetery is the site of the first Memorial Day observance in April 1866. Admission is \$2 per person for non-students and \$1 per person for students. Tours begin at 7:00 p.m. and gates close to new tour arrivals at 9:30 p.m.

Mathematics and Science, Tales from the Crypt is a candlelight cemetery tour which includes original dramatic vignettes researched and performed by students at

annual Spring Pilgrimage. For more information, call the Columbus Historic Foundation at 329-3533.

Dogwood Festival: The city of Aliceville, Ala., celebrates the spring season with its annual Dogwood Festival through Saturday. The event features southern food, arts and crafts, entertainment and more. Activities will culminate downtown at 9 a.m. Saturday with music by southern blues legend Willie King and the Liberators and the '60s cover band Slo-Gin. For more information, call the Aliceville Area Chamber of Commerce at (205) 373-2820.

Trash to Treasures: A Trash to Treasures flea market is from 8 to 4 p.m. Saturday at the Columbus Fair Grounds. Antiques, collectibles, arts and crafts will be A production of the Mississippi School for for sale. Vendors are wanted. For more information, call 328-5147 or 328-8783.

Furry 5K and one-mile fun run: The Mississippi

State University Chapter of the Oktibbeha County Humane Society sponsors a 5K race and one-mile fun run at the Thad Cochran Research Park Saturday. The park is located on Highway 82 in Starkville, Miss.

Registration and sign-in starts at 7 a.m. The 5K race begins at 8 a.m. and the one-mile run begins at 8:30 a.m. Prizes will be awarded for first, second and third place winners in both events. All participants are eligible to receive a variety of raffle prizes.

Entry fee is \$15 per person and participants are encouraged to bring their dogs. People who pre-register by Thursday will receive a free t-shirt. All proceeds will benefit the building of the new Starkville Animal Shelter. For more information or to obtain an entry form, visit www.msstate.edu/org/humane or call Allison at (662) 312-9233.

Great American Clean-Up: Volunteers are needed April 15 to help clean Caldedonia, Miss. For more information or to sign up, call (662) 272-5671.

For more event listings, visit www.columbus-ms.org.

# BARGAIN LINE

Bargain Line advert	iseme	ent			
The Bargain Line is free for all military menbers and contract employees. Bargain Line advertisements must be turne noon Monday to be included in the followin Reruns must be phoned in to the Silver Wire-submit ads for rerun on this form. Adverbers will not appear in the ads. Advertisements for private businesses or senot appear in the Bargain Line. They may, form completely. The Silver Wings staff results and contract the submitted process.	d in to the sing week's is ngs office, distinction of the control	Silver Wings office in to sue. Late ads will be hald-7068, by noon Mo should contain a home ding a continuous sour e purchased through to	the 14th Flying Traineld over for the next enday for inclusion in phone number, hom tree of income, such as the Silver Wings pul	ning Wing headq issue. the next week's e address or both s baby-sitting or r	nuarters building by issue. Please do not a. Duty phone num- rental property, may
Type of advertisement (circle one)	Home	Transportation	Miscellaneous	Yard sales	Pets
Print advertisement					
Name					
Home Telephone #		Duty Telephone # _ in case we need more			
Please let us know what you think Are you happy with the Silver Wings? What would you like to see more of in the If you would like to give any other sugg	Yes □ he newspaj	No 🗆 per? News 🖵 S <sub>I</sub>			

Precious metals The Department of Defense needs your assistance in reducing operating costs.

One way to help reduce costs is to check all expendable items for precious metals before throwing them away. For more information, contact your unit Precious Metals Recovery Program monitor or call wing PMRP managers David Gaddy at Ext. 7167 or Don Howard at Ext. 7170.

SPORTS SILVER WINGS 19 April 8, 2005

# Fuel to fight 5 healthy eating tips to help trim the waistline

Capt. Tracy Riggs 314th Medical Group

As a registered dietician, I often get requests from patients who want me to put them on a diet or tell them what, where and when to eat.

There are many negative thoughts associated with the word diet, and many people think of starvation, avoidance, deprivation and giving up favorite foods.

Although a structured meal plan is helpful for some, I prefer to avoid the word diet and instead encourage making healthier lifestyle choices.

Here are five lifestyle changes that can make a huge difference when it comes to maintaining a healthy body weight.

1. Eat breakfast. Starting your day with a healthy meal will jump start your metabolism so that you burn calories more efficiently. Simply eating a bowl of cereal or grabbing a breakfast bar and a piece of fruit are good choice you can make when rushed for time.

- 2. Don't' skip meals. This goes along with eating a healthy breakfast. Any time you skip a meal, your body thinks that you are starving it and in response, your metabolism will become very sluggish. A sluggish metabolism means you will gain more weight with fewer calories or will have difficulty losing excess weight.
- 3. Choose foods that are a good source of fiber. The recommended fiber intake per day is 25 to 35 grams, however most Americans fall way short of that goal. Eating more fiber will help you feel fuller for longer. Fiber has also proven to lower bad cholesterol levels. Switching to a bread or breakfast cereal higher in fiber and including more vegetable and whole

fruits is an easy way to meet your daily fiber goal.

4. Don't drink your calories. With the exception of milk, consuming caloric beverages is unnecessary and the calories can add up fast. Just having two 20-ounce sodas per day will tack on an extra 400 calories or more. Consuming an extra 400 calories per day can add up to more than 20 extra pounds of fat in only six months.

Also, don't be fooled into thinking that 100 percent fruit juice is low in calories. Fruit juice actually contains more calories per ounce than soda and lacks the fiber found in whole fruits.

Water is the obvious best choice for fluid intake and people should aim for at least 64 ounces per day. However, switching to other non-caloric or artificially sweetened beverages can save a significant amount of calories each day.

each day. Individuals who eat a diet low in calories and fat that includes three daily servings of diary lost more weight than those eating the same amount of calories and no dairy products. The benefits of dairy are numerous, but most correlate it

with providing calcium for our bones.

Adequate calcium intake is important for

5. Include three servings of dairy

both sexes throughout life. A common excuse for failure to consume milk is lactose intolerance. Fortunately, there are many lactose-free dairy products available that make it possible for the lactose intolerant to enjoy dairy again. Yogurt or low-fat cheeses are also good choices.

The health and wellness center offers nutrition classes with information on weight management and healthy eating habits. For more information, call the HAWC at Ext. 2477.

## **Shorts**

This tournament is Saturday and Sunday at the Whispering Pines Golf Course. A valid handicap is required and tour players must be selected before 9 a.m. Saturday. Entry is \$10 plus greens fees. Call Ext. 7932.

#### Fun run

A fun run in Recognition of Holocaust Remembrance Day begins at 7 a.m. April 15 in front of the fitness and sports center. Participants have the option of walking 1.5 miles or running a 3K course. Call Ext.

#### Adult Golf 101

Adults who have never played golf are invited to participate in this two-week course from 5 to 6 p.m. Monday, Wednesday and Friday beginning April 18 at Whispering Pines Golf Course. Cost is \$20 per person. Call Ext. 7932.

#### Lady BLAZE softball

Females interested in playing intramural softball for the Lady BLAZE team can call Shera Ferrell at 434-6991 or Stephanie Clark at 574-7287 for more information.

#### Tee ball, baseball & softball

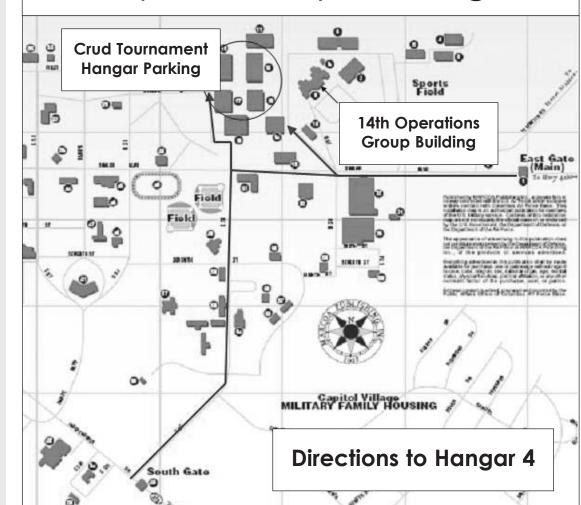
Registration for the youth center's tee ball, baseball and softball seasons ends April 15. Ages 3 to 13 are invited to participate and cost is \$25 for members or \$35 for nonmembers. For more information, call the center at Ext. 2504.

#### Pitch, hit and run competition

The youth center sponsors a pitch, hit and run competition for ages 9 to 14 at 10 a.m. April 23 at the youth baseball field. For more information, call Ext. 2504.

# **BLAZE TEAM Crud Tourney**

6:30 p.m. today at Hangar 4



# Faces of determination

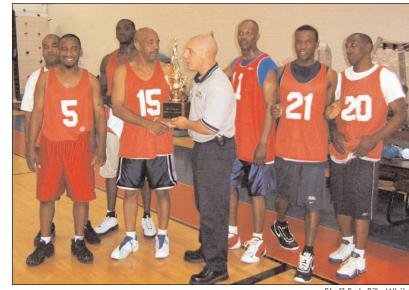
MDG, CES, ANG battle over intramural championship title



Airman 1st Class Cecilia Rodriguez Warren Brooks, 14th Civil Engineer Squadron Team, and Charlie Saddler, 153rd Air National Guard Team, race for possession of the ball during the championship game Tuesday at the fitness and sports center. The 153rd ANG players, who ended the season undefeated, were declared intramural basketball champions for the second year in a row after beating the 14th CES Team, 45-36.



Airman 1st Class Cecilia Rodriguez



Second Lt. Carmine Muscarella, 14th Services Division, presents the 153rd Air National Guard Team with their 2005 Intramural Basketball Championship trophy.



Airman 1st Class Cecilia Rodriguez

Top: Cory Santos, 14th Medical Group Team, attempts to stop William Greenan, 14th Civil **Engineer Squadron** Team, as he goes for a layup. The engineers outscored the medgroup, 41-23, in the first playoff game of the Left: Adam Bethea, **50th Flying Training** Squadron Team, flies past a blockade of members from the 14th CES Team.